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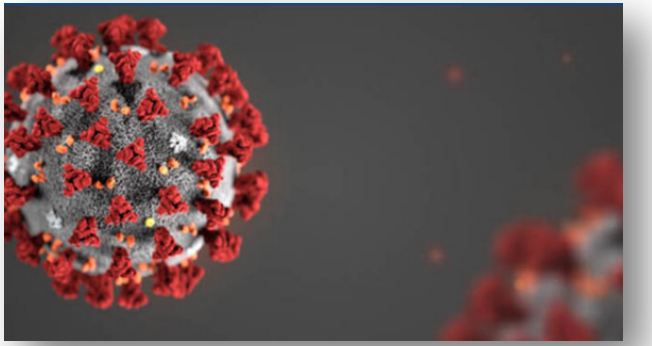
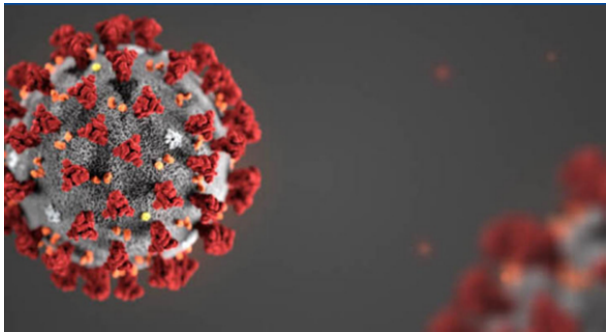


An Update for NYS Healthcare Providers on COVID-19

June 4, 2020

Elizabeth Dufort, MD, FAAP
Medical Director, Division of Epidemiology
New York State Department of Health

Agenda



- Global, National, New York State Updates
- Testing Updates
- Community Mitigation and Reopening
- Nursing Home and Adult Care Facility Updates
- Healthcare System Capacity
- Elective Surgeries
- Dentistry Guidance
- Encouraging Access to Healthcare
- Healthcare Provider Wellness
- Resources
- Pre-planned Q & A: Chat box not feasible with level of attendance

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- **Recordings will be available immediately:** NYSDOH COVID-19 Healthcare Provider website

- In addition to YouTube, an on-demand version of our weekly sessions for healthcare providers in NYS is now available as a podcast – search NYSDOH

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Disclaimer

- The situation is rapidly evolving, as is our understanding of this new virus.

- All of the information presented is based on our best knowledge as of today.

Situation Summary: COVID-19 Global, 6/3/2020

www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports

Region	Confirmed Cases	Deaths
Global	6,287,771	379,941
Western Pacific	185,358	7057
European	2,191,614	183,313
South-East Asia	296,620	8277
Eastern Mediterranean	552,497	13,181
Africa	111,486	2789
Americas	2,949,455	165,311

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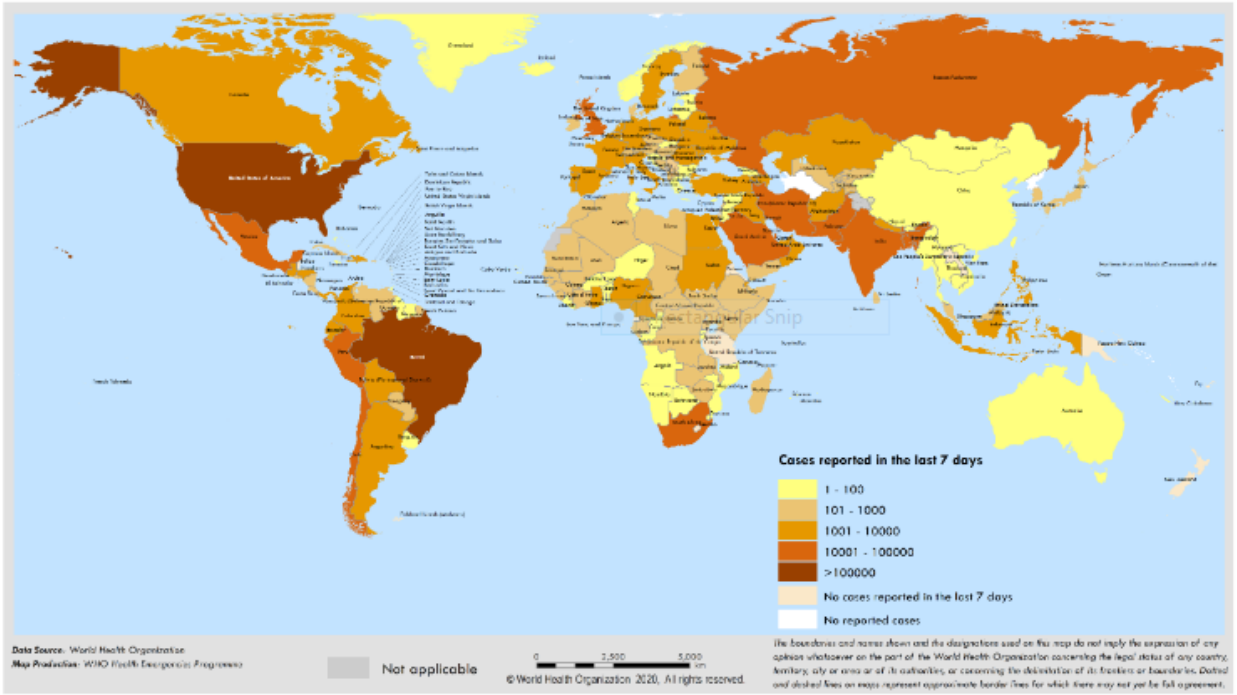
Situation Summary: COVID-19 Global, 6/3/2020

www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports

Figure 1. Number of confirmed COVID-19 cases reported in the last seven days by country, territory or area, 28 May to 03 June**



**See Annex 1 for data, table and figure notes.

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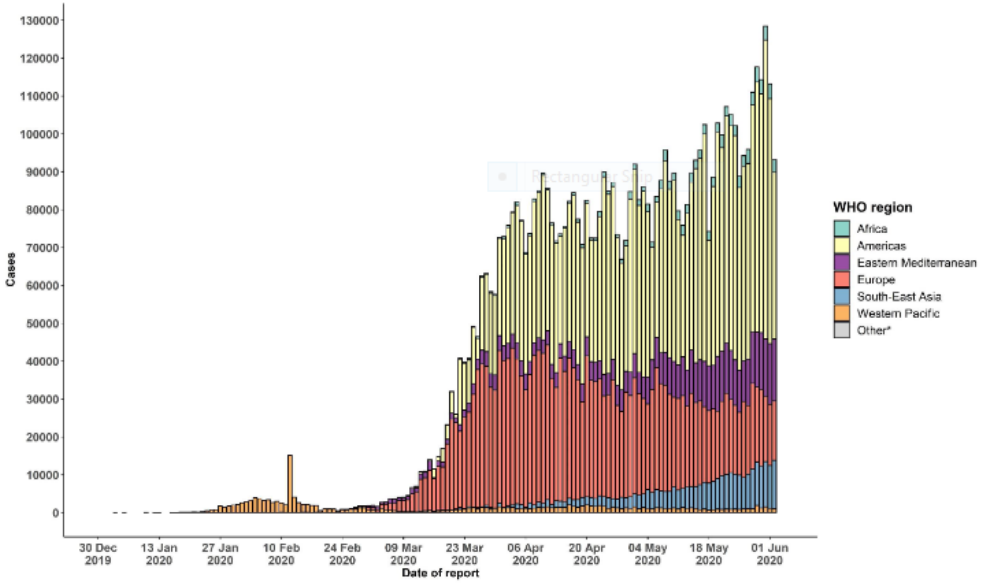
Situation Summary: COVID-19 Global, 6/3/2020

www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports

Figure 2. Number of confirmed COVID-19 cases, by date of report and WHO region, 30 December 2019 through 03 June 2020**



**See Annex 1 for data, table and figure notes.

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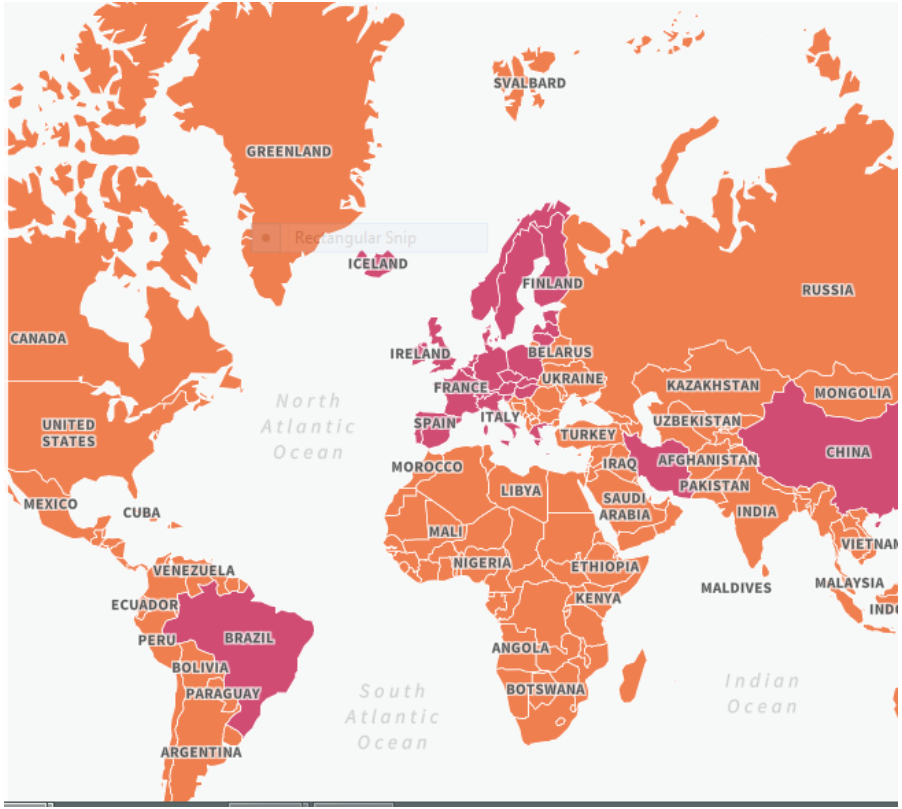
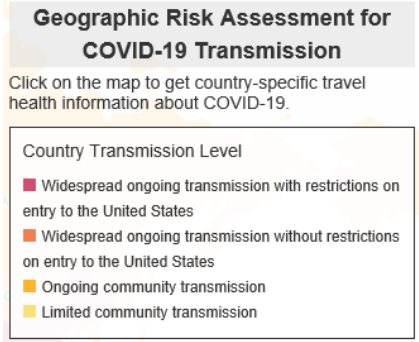
COVID-19 CDC Travel Recommendations by Country

https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html





- **Level 3** Widespread transmission with US entry restrictions: Brazil, China, Iran, Most of Europe, UK and Ireland
- **Level 3** Widespread transmission without US entry restrictions: Global Pandemic

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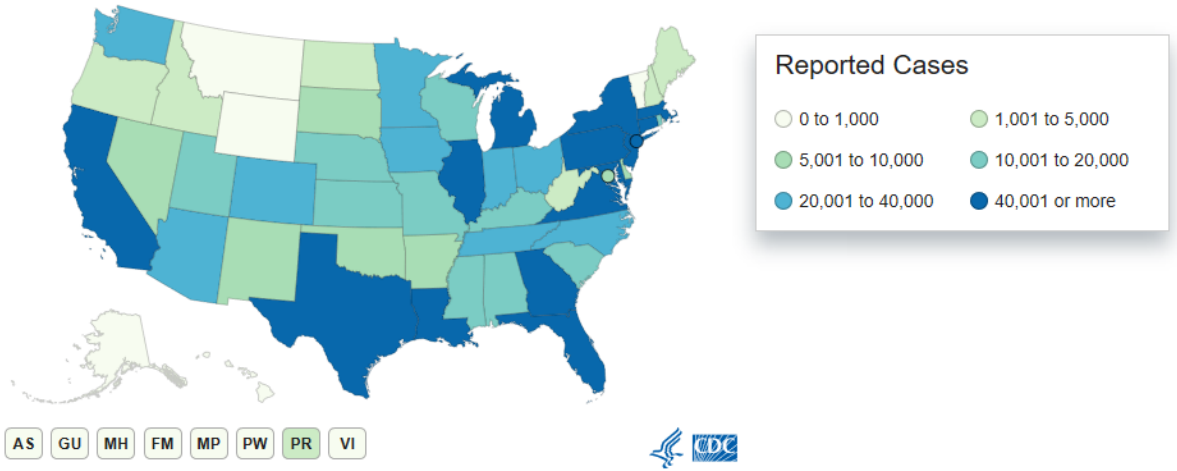
Situation Summary: Covid-19 U.S. (June 3, 2020)

www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html



- **Total cases: 1,827,425; new cases since 6/2: 24,955**
- **Total deaths: 106,202; new deaths since 6/2: 1,045**

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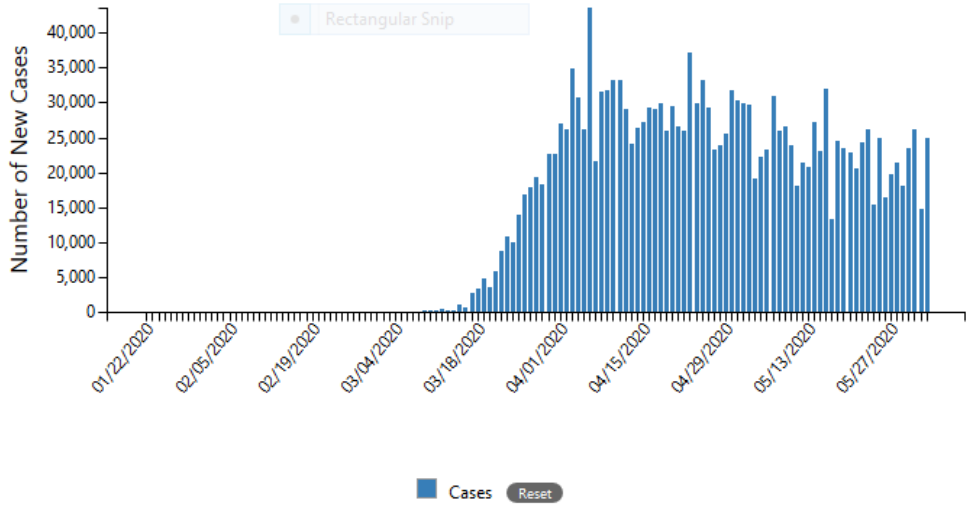
Situation Summary: Covid-19 U.S. (June 3, 2020)

www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html

New Cases by Day

The following chart shows the number of new COVID-19 cases reported each day in the U.S. since the beginning of the outbreak. Hover over the bars to see the number of new cases by day.



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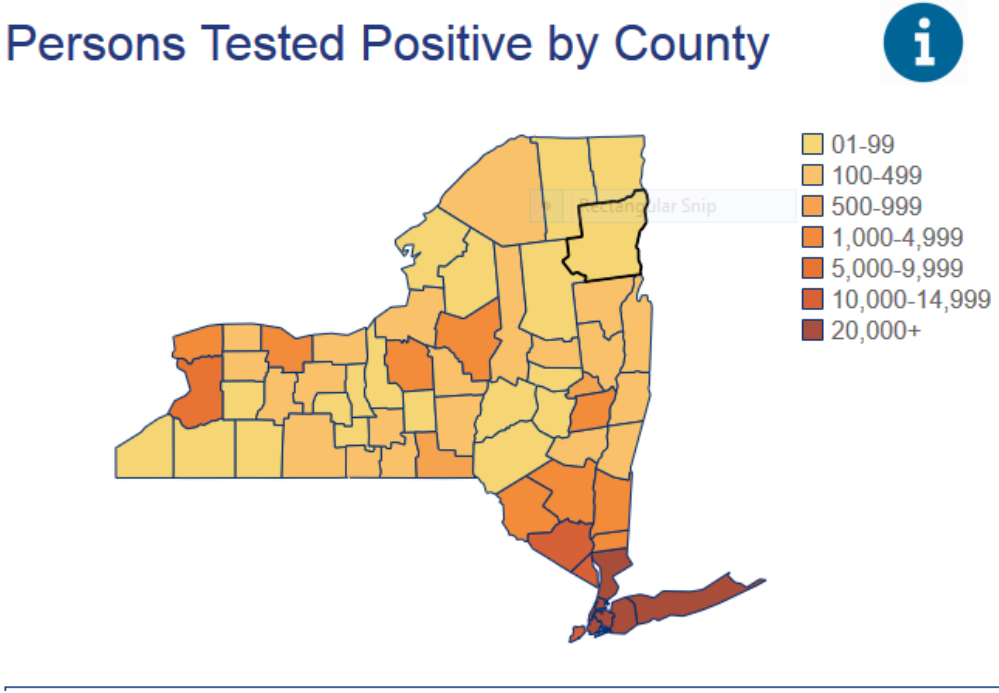
NYSDOH COVID-19 Tracker (June 3, 2020)

Found at: [NYSDOH COVID-19 website]



Statewide

Total Persons Tested
2,229,473

Total Tested 6/02
61,642

Total Tested Positive
374,085

Sex Distribution of Positive Cases

Female	Male	Unknown
48.4%	51.0%	0.6%

New Positives 6/02
1,045

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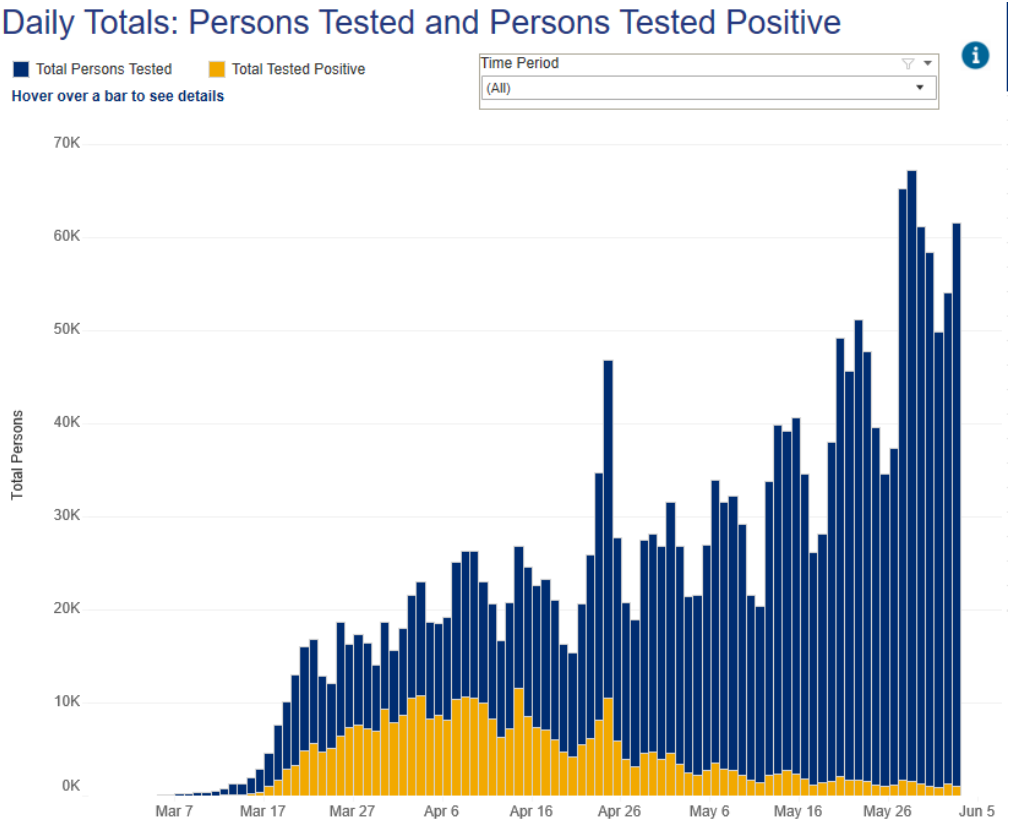
NYSDOH COVID-19 Tracker (June 3, 2020)

Found at: [NYSDOH COVID-19 website]



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NYSDOH COVID-19 Tracker (June 3, 2020)

Found at: [NYSDOH COVID-19 website]

Fatalities by County

The increase in fatalities reflects new data reported Wednesday, May 6 in addition to confirmed fatalities within nursing homes and adult care facilities that were identified as part of a data reconciliation process earlier this week. Click here for additional detail.

County	Place of Fatality	Deaths by County of Residence
Grand Total	24,079	24,079
Albany	145	100
Allegany	0	2
Bronx	2,973	3,237
Broome	51	50
Cattaraugus	3	4
Cayuga	1	2
Chautauqua	3	2

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NYS COVID-19 Healthcare Utilization

- Continue to see decreases in hospitalization, ICU, and intubation numbers
- Currently hospitalized: 2,849 (*decreased by 129*)
  - Newly hospitalized: 130
- Current ICU: 832 *(decreased by 33)*
  - Current Intubation: 613 *(decreased by 25)*
- Fatalities: 52 (up from 49)
- Cumulative discharges: 66,756

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SARS-CoV-2 Testing for COVID-19

Updated NYS Criteria for COVID-19 Testing

- **Diagnostic and/or serologic testing for COVID-19 shall be authorized by a healthcare provider when**:
- **An individual is symptomatic or has a history of symptoms of COVID-19 (e.g. fever, cough, and/or trouble breathing), particularly if the individual is 70 years of age or older, the individual has a compromised immune system, or the individual has an underlying health condition**
- **An individual is less than 21 years of age who has symptoms consistent with Multisystem Inflammatory Syndrome in Children (MIS-C)**
- **An individual requires a test for medical care, including being tested prior to an elective surgery or procedure, or individuals who are pregnant and their designated support person; or**
- An individual has had close (i.e. within six feet) or proximate contact with a person known to be positive with COVID-19 (precautionary or mandatory quarantine)
- An individual is employed as a healthcare worker, first responder, NH employee or staff of other congregate care facility, or other essential worker who directly interacts with the public while working
- An individual is employed by an essential business and directly interacts with the public
- An individual is employed by an essential business (e.g. food production, medical supply manufacturing) or any business that has been designated to “reopen” in certain regions of the state (e.g. construction, curbside/in-store pickup retail, wholesale trade); or
- An individual presents with a case where the facts and circumstances – as determined by the treating clinician in consultation with state or local department of health officials – warrant testing

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SARS-CoV-2 Acceptable specimens

- Nasopharyngeal (NP) swab
- Anterior nares and oropharyngeal swab, both swabs in one tube of transport medium
- Anterior nares (about one cm up the nose)

- Saliva: 2ml in sterile specimen cup (no phlegm) - not many labs accept.

- VTM, UTM, MTM, phosphate buffered saline (PBS)

- www.cdc.gov/coronavirus/2019-nCoV/lab/guidelines-clinical-specimens.html

It is essential to consult your reference laboratory's website and guidance to check what specimens the lab accepts

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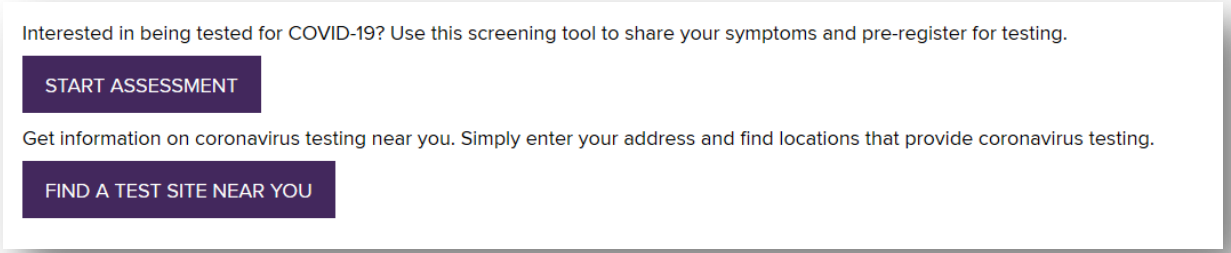
NYS Specimen Collection Sites - COVID-19 Testing

- NYSDOH Find Test Site Near You Website
  - NYS specimen collection sites, healthcare settings, pharmacies, and other
  - More than 760 specimen collection or testing sites have been identified
- For the NYS specimen collection sites:
  - Call the New York State COVID-19 Hotline at 1-888-364-3065

  OR
  - Visit the NYSDOH website www.covid19screening.health.ny.gov to be screened for eligibility, and if eligible, have an appointment set up at one of the State's testing sites



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COVID-19 Testing Next Steps

You are being tested for a virus that causes COVID-19. If you have symptoms of the disease, or if you have been in contact with someone who is infected, you will be asked to stay apart from others. This is also called isolation or quarantine. COVID-19 spreads easily. Staying apart helps stop the disease from spreading.

Symptoms Include:

Fever, cough, difficulty breathing

Other symptoms may include: Chills, muscle aches, headache, sore throat, abdominal pain, vomiting, diarrhea, runny nose, fatigue, wheezing, or new loss of taste or smell.

You Should Be Isolated If:

- You have symptoms and think you may have been infected with the virus.

You Should Be Quarantined If:

- You have been in close contact with someone known to have COVID-19, even if you don't have symptoms. Close contact means sharing the same household, direct physical contact, or being within six feet for more than 10 minutes.

See back for more information.

If You are an Essential Worker:

You can **ONLY** return to work while you wait for your test results if:

- You have your employer's permission to do so.
- You **DO NOT have symptoms.**
- And **you have NOT had contact with a person known to have COVID-19.**

In addition, you must continue to:

- Practice social distancing (stay more than 6 feet from others).
- Use appropriate personal protective equipment (PPE).
- Wear a mask when less than 6 feet away from others in public.
- Take your temperature and monitor your symptoms daily.

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www.coronavirus.health.ny.gov
13112 5/20

Over →

How to Isolate or Quarantine:

Stay home, except to visit a doctor.

If you must see a doctor, call ahead and avoid using public transport such as subways, buses, taxis.

Don't have visitors.

Separate yourself in a room that is not shared with others. Stay at least 6 feet away from others **at all times.**

Use a separate bathroom, if possible, and disinfect after each use.

Arrange for food, medicine, and other supplies to be left at your door.

Cover your coughs and sneezes. Throw away used tissues. Bag your trash and leave outside your door.

Don't touch pets.

Arrange for others to care for your children, if possible.

Wear a face mask if you must be around others.

Wash your hands often with soap and water for 20 seconds each time, or if unavailable, use hand sanitizer with at least 60% alcohol.

Test Results

You will be contacted with your results.

If you test positive on a diagnostic test for the virus, you must continue isolation. You will get a call from a public health representative to identify any contacts you have had.

If you test negative, but you have been in close contact with a person known to have been infected, you must still continue quarantine until 14 days have passed from your last contact with a person known to have COVID-19. Even though you may feel well now, you are at risk of getting the disease and you may get sick. It can take up to 14 days to get the disease.

Your local health department can help you determine when it is safe to stop isolation or quarantine. Find them at www.nysacho.org/directory

Learn more at coronavirus.health.ny.gov

Support and Job Assistance

Any New Yorker under a mandatory or precautionary order to stay home may be eligible for job-protected sick leave and compensation. Learn more at https://coronavirus.health.ny.gov/protecting-public-health-all-new-yorkers#employee

If you need help caring for yourself or your children while in isolation or quarantine, call your local health department. Find them at www.nysacho.org/directory

Stay apart now. Be together later.

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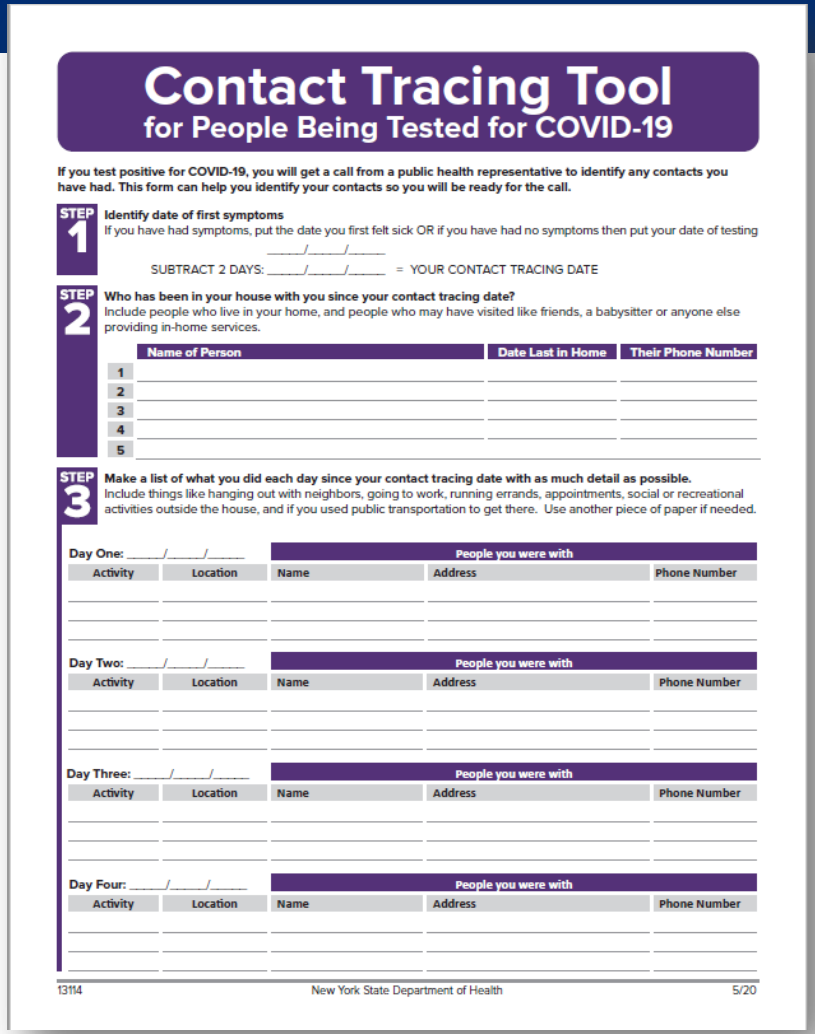
Available in Spanish

[NYSDOH COVID-19 Testing Next Steps]



Contact Tracing Tool
for People Being Tested for COVID-19

If you test positive for COVID-19, you will get a call from a public health representative to identify any contacts you have had. This form can help you identify your contacts so you will be ready for the call.

STEP 1 **Identify date of first symptoms**
If you have had symptoms, put the date you first felt sick OR if you have had no symptoms then put your date of testing
_____/_____/_____
SUBTRACT 2 DAYS: _____/_____/_____ = YOUR CONTACT TRACING DATE

STEP 2 **Who has been in your house with you since your contact tracing date?**
Include people who live in your home, and people who may have visited like friends, a babysitter or anyone else providing in-home services.

	Name of Person	Date Last in Home	Their Phone Number
1			
2			
3			
4			
5			

STEP 3 **Make a list of what you did each day since your contact tracing date with as much detail as possible.**
Include things like hanging out with neighbors, going to work, running errands, appointments, social or recreational activities outside the house, and if you used public transportation to get there. Use another piece of paper if needed.

Day One: _____/_____/_____		People you were with		
Activity	Location	Name	Address	Phone Number

Day Two: _____/_____/_____		People you were with		
Activity	Location	Name	Address	Phone Number

Day Three: _____/_____/_____		People you were with		
Activity	Location	Name	Address	Phone Number

Day Four: _____/_____/_____		People you were with		
Activity	Location	Name	Address	Phone Number

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To order materials from NYSDOH:

bmcc@health.ny.gov

Available in Spanish
NYSDOH Contact Tracing Tool

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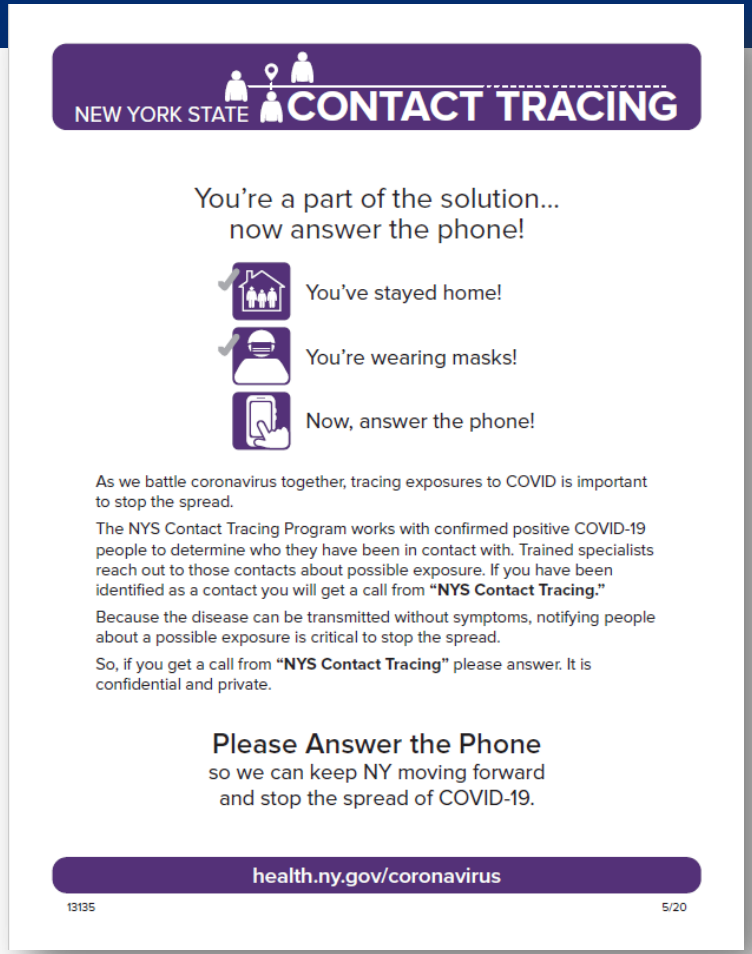
For Their Contacts

To order materials from NYSDOH:

bmcc@health.ny.gov



NEW YORK STATE CONTACT TRACING

You're a part of the solution...
now answer the phone!

You've stayed home!

You're wearing masks!

Now, answer the phone!

As we battle coronavirus together, tracing exposures to COVID is important to stop the spread.

The NYS Contact Tracing Program works with confirmed positive COVID-19 people to determine who they have been in contact with. Trained specialists reach out to those contacts about possible exposure. If you have been identified as a contact you will get a call from **"NYS Contact Tracing."**

Because the disease can be transmitted without symptoms, notifying people about a possible exposure is critical to stop the spread.

So, if you get a call from **"NYS Contact Tracing"** please answer. It is confidential and private.

Please Answer the Phone
so we can keep NY moving forward
and stop the spread of COVID-19.

health.ny.gov/coronavirus

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NYS Contact Tracing Answer the Phone

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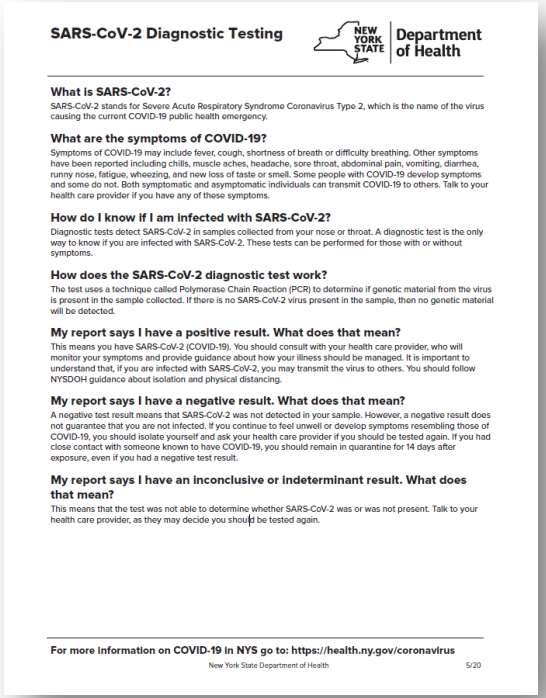
NYSDOH COVID-19 Testing Resources



SARS-CoV-2 Diagnostic Testing

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What is SARS-CoV-2?

SARS-CoV-2 stands for Severe Acute Respiratory Syndrome Coronavirus Type 2, which is the name of the virus causing the current COVID-19 public health emergency.

What are the symptoms of COVID-19?

Symptoms of COVID-19 may include fever, cough, shortness of breath or difficulty breathing. Other symptoms have been reported including chills, muscle aches, headache, sore throat, abdominal pain, vomiting, diarrhea, runny nose, fatigue, wheezing, and new loss of taste or smell. Some people with COVID-19 develop symptoms and some do not. Both symptomatic and asymptomatic individuals can transmit COVID-19 to others. Talk to your health care provider if you have any of these symptoms.

How do I know if I am infected with SARS-CoV-2?

Diagnostic tests detect SARS-CoV-2 in samples collected from your nose or throat. A diagnostic test is the only way to know if you are infected with SARS-CoV-2. These tests can be performed for those with or without symptoms.

How does the SARS-CoV-2 diagnostic test work?

The test uses a technique called Polymerase Chain Reaction (PCR) to determine if genetic material from the virus is present in the sample collected. If there is no SARS-CoV-2 virus present in the sample, then no genetic material will be detected.

My report says I have a positive result. What does that mean?

This means you have SARS-CoV-2 (COVID-19). You should consult with your health care provider, who will monitor your symptoms and provide guidance about how your illness should be managed. It is important to understand that, if you are infected with SARS-CoV-2, you may transmit the virus to others. You should follow NYSDOH guidance about isolation and physical distancing.

My report says I have a negative result. What does that mean?

A negative test result means that SARS-CoV-2 was not detected in your sample. However, a negative result does not guarantee that you are not infected. If you continue to feel unwell or develop symptoms resembling those of COVID-19, you should isolate yourself and ask your health care provider if you should be tested again. If you had close contact with someone known to have COVID-19, you should remain in quarantine for 14 days after exposure, even if you had a negative test result.

My report says I have an inconclusive or indeterminant result. What does that mean?

This means that the test was not able to determine whether SARS-CoV-2 was or was not present. Talk to your health care provider, as they may decide you should be tested again.

For more information on COVID-19 in NYS go to: https://health.ny.gov/coronavirus

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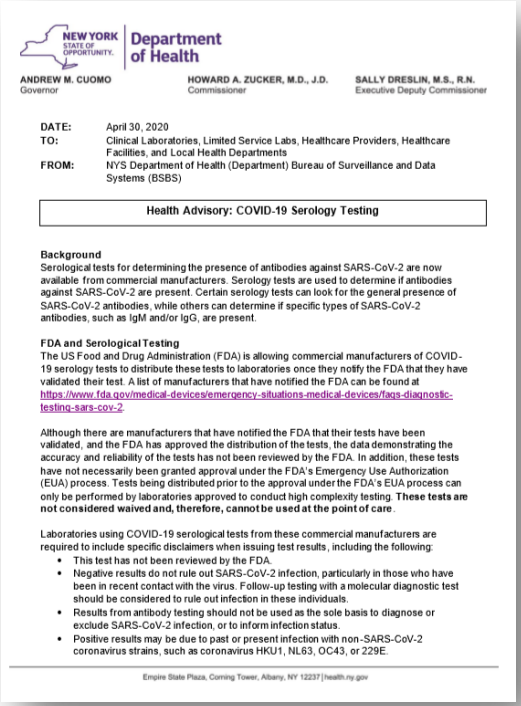

NEW YORK STATE OF OPPORTUNITY. Department of Health

ANDREW M. CUOMO, Governor | HOWARD A. ZUCKER, M.D., J.D., Commissioner | SALLY DRESLIN, M.S., R.N., Executive Deputy Commissioner

DATE: April 30, 2020
TO: Clinical Laboratories, Limited Service Labs, Healthcare Providers, Healthcare Facilities, and Local Health Departments
FROM: NYS Department of Health (Department) Bureau of Surveillance and Data Systems (BSBS)

Health Advisory: COVID-19 Serology Testing

Background

Serological tests for determining the presence of antibodies against SARS-CoV-2 are now available from commercial manufacturers. Serology tests are used to determine if antibodies against SARS-CoV-2 are present. Certain serology tests can look for the general presence of SARS-CoV-2 antibodies, while others can determine if specific types of SARS-CoV-2 antibodies, such as IgM and/or IgG, are present.

FDA and Serological Testing

The US Food and Drug Administration (FDA) is allowing commercial manufacturers of COVID-19 serology tests to distribute these tests to laboratories once they notify the FDA that they have validated their test. A list of manufacturers that have notified the FDA can be found at https://www.fda.gov/medical-devices/emergency-situations-medical-devices/faqs-diagnostic-testing-sars-cov-2.

Although there are manufacturers that have notified the FDA that their tests have been validated, and the FDA has approved the distribution of the tests, the data demonstrating the accuracy and reliability of the tests has not been reviewed by the FDA. In addition, these tests have not necessarily been granted approval under the FDA's Emergency Use Authorization (EUA) process. Tests being distributed prior to the approval under the FDA's EUA process can only be performed by laboratories approved to conduct high complexity testing. **These tests are not considered waived and, therefore, cannot be used at the point of care**.

Laboratories using COVID-19 serological tests from these commercial manufacturers are required to include specific disclaimers when issuing test results, including the following:

- This test has not been reviewed by the FDA.
- Negative results do not rule out SARS-CoV-2 infection, particularly in those who have been in recent contact with the virus. Follow-up testing with a molecular diagnostic test should be considered to rule out infection in these individuals.
- Results from antibody testing should not be used as the sole basis to diagnose or exclude SARS-CoV-2 infection, or to inform infection status.
- Positive results may be due to past or present infection with non-SARS-CoV-2 coronavirus strains, such as coronavirus HKU1, NL63, OC43, or 229E.

Empire State Plaza, Corning Tower, Albany, NY 12237 | health.ny.gov

[NYSDOH SARS-CoV-2 Diagnostic Testing]

[NYSDOH Health Advisory on COVID-19 Serologic Assays]

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Discontinuation of Isolation and Return to Work Guidance

Available Data on Length of Infectious Period

- Available data indicate that shedding of SARS-CoV-2 RNA in upper respiratory specimens declines after onset of symptoms (CDC unpublished data, Midgely 2020, Young 2020, Zou 2020, Wölfel 2020)
- At 10 days after illness onset, recovery of replication-competent virus in viral culture (as a proxy of the presence of infectious virus) is decreased and approaches zero (CDC unpublished data, Wölfel 2020, Arons 2020)
- Although persons may produce PCR positive specimens for up to 6 weeks (Xiao, 2020), there is no evidence to suggest that these PCR-positive samples represent the presence of infectious virus (CDC unpublished data, Young 2020).
- Among patients who have recovered and have detectable RNA in upper respiratory specimens, concentrations of RNA after 3 days are generally in ranges where virus has not been reliably cultured by CDC
- These data have been generated from adults across a variety of age groups and with varying severity of illness

www.cdc.gov/coronavirus/2019-ncov/community/strategy-discontinue-isolation.html

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Symptom-based Strategy to Discontinue Home Isolation

- NYS DOH is adopting the CDC guidance and recommends that for persons with COVID-19 illness recovering at home (or other home-like setting, such as a hotel), maintain isolation for **at least 10 days after illness onset and at least 3 days (72 hours) after recovery** (defined as resolution of fever without the use of fever-reducing medications, with progressive improvement or resolution of other symptoms)
  - NOT for nursing homes, assisted living facilities, or adult care facilities

Guidance on EMPLOYEES Returning to Work

- NOT healthcare or nursing home settings
- If an employee tests positive for COVID-19, regardless of whether the employee is symptomatic or asymptomatic, the employee may return to work upon completing **at least 10 days of isolation from the onset of symptoms** (or 10 days of isolation after the first positive test if they remain asymptomatic).
- If an employee has had contact with a person with COVID-19 AND is experiencing COVID-19 related symptoms, the employee may return to work upon completing **at least 10 days of isolation from the onset of symptoms**
  - The NYSDOH considers a close contact to be someone who was within 6 feet of an infected person for at least 10 minutes starting from 48 hours before illness onset until the time the person was isolated

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Guidance on EMPLOYEES Returning to Work

- If an employee has had close or proximate contact with a person with COVID-19 for a prolonged period of time AND is not experiencing COVID-19 related symptoms, the employee may **return to work upon completing 14 days of self-quarantine.**
  - However, if essential and critical for the operation or safety of the workplace in consultation with appropriate public health, the exposed, asymptomatic employee may return if:
    - Self-monitor for a temperature greater than or equal to 100.0 degrees Fahrenheit every 12 hours and symptoms consistent with COVID-19 under the supervision of their employer's occupational health program.
    - Wear a face mask at all times while in the workplace for 14 days after last exposure.
    - Continue social distancing practices, including maintaining, at least, six feet of distance from others.
    - Must continue to regularly clean and disinfect all areas, such as offices, bathrooms, common areas, and shared electronic equipment.
    - Maintain quarantine: The employee must continue to self-quarantine and self monitor for temperature and symptoms when not at the workplace for 14 days after last exposure

Community Mitigation and Reopening Strategies

NYS Community Mitigation and Reopening Strategy

- **Phase 2 Reopening**
  - **Capital Region,** Central New York, the Finger Lakes, the Mohawk Valley, the North Country, the Southern Tier and **Western New York**
  - Outdoor dining permitted with social distancing and masks
  - Phase 2 allows office-based workers, real estate services, in-store retail shopping and some barbershop services to resume
- Long Island and Mid-Hudson Valley Regions Phase one
- **New York City is still on track to enter phase one of reopening on Monday June 8th**
- **Summer day camps statewide can open on June 29th**
- Sleep-away camps decision pending
- Phase 1 – low-risk, outdoor recreational activities permitted
- **New York dentists can reopen statewide**
  - Dentists' offices will be subject to state guidance on best practices for safety and social distancing

NEW YORK STATE | Department of Health

NYS Community Mitigation and Reopening Strategy

- As NYC prepares to reopen, 10 additional testing sites for each zip code in NYC where communities are highly impacted by COVID-19, predominantly low income and minority communities
- Six testing sites in the Bronx, three in Brooklyn, and one in Queens

- NY Forward business reopen look up tool available here
- NY Forward reopening guidance available here
- The state's regional monitoring dashboard is available here

NEW YORK STATE | Department of Health

Regional Monitoring Dashboard

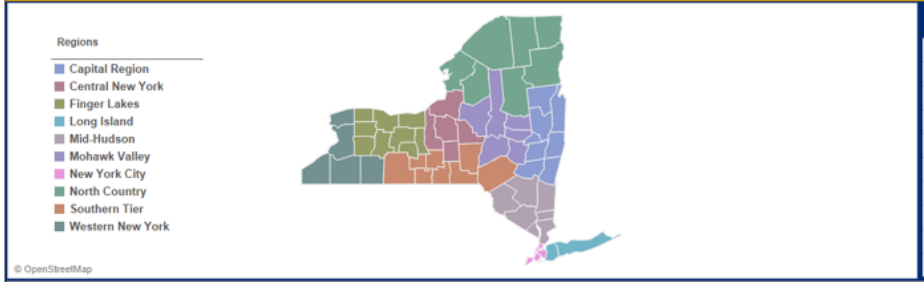
REGION BY REGION STATUS

For detailed information, view the regional UnPause Dashboard and the Early Warning Metric Dashboard.

EARLY WARNING MONITORING DASHBOARD | REGIONAL DASHBOARDS

Regional COVID-19 Metrics: Where Regions Currently Stand

Report as of June 2, 2020



Metrics Met	
Capital Region	7/7
Central New York	7/7
Finger Lakes	7/7
Long Island	7/7
Mid-Hudson	7/7
Mohawk Valley	7/7
New York City	5/7
North Country	7/7
Southern Tier	7/7
Western New York	7/7

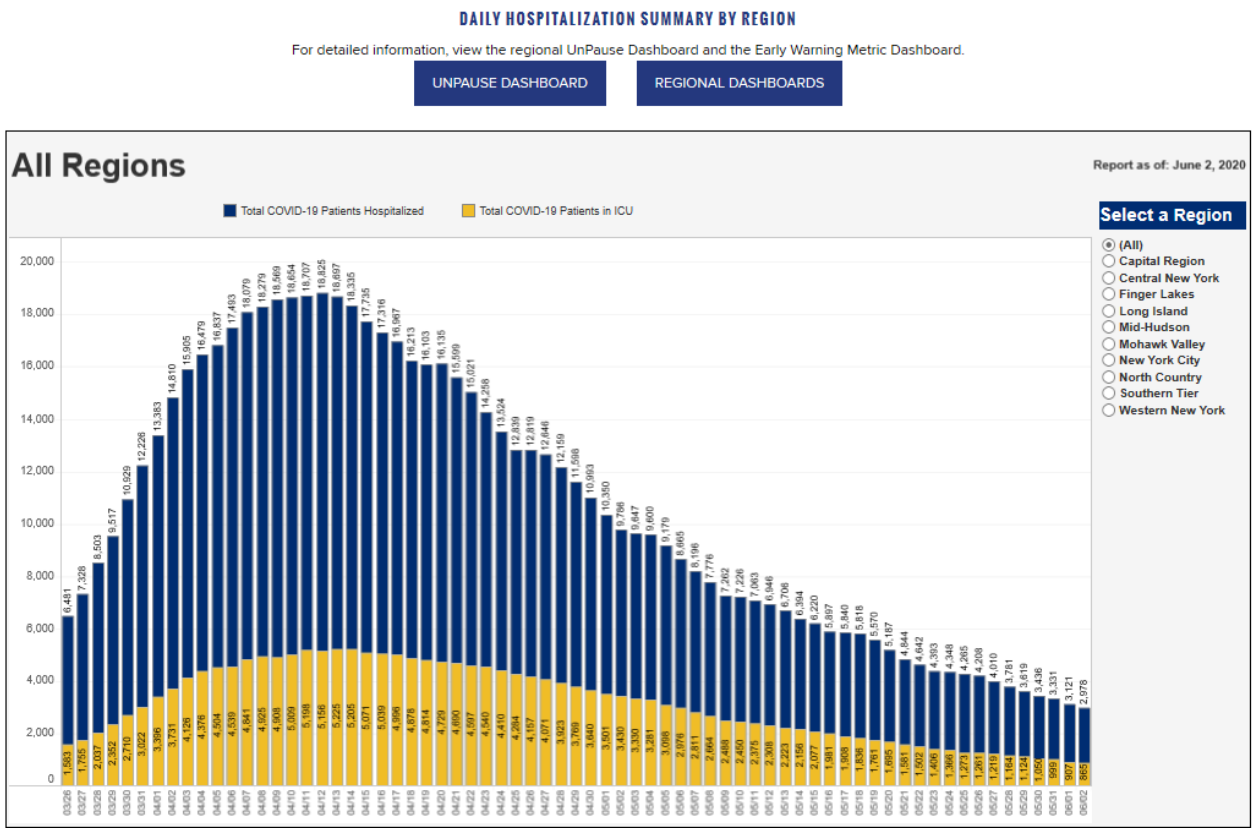
	14-Day Decline in net Hospitalizations OR Under 15 new Hospitalizations (3-day avg)	14-Day Decline in Hospital Deaths OR Fewer than 5 deaths (3-day avg)	New Hospitalizations (Under 2 per 100K residents - 3 day rolling avg)	Share of total beds available (threshold of 30%)	Share of ICU beds available (threshold of 30%)	30 per 1k residents tested monthly (7-day avg of new tests per day)	Contact tracers 30 per 100K residents or based on infection rate	Metrics Met
Capital Region	✓	✓	0.31 ✓	33% ✓	43% ✓	2,618 / 1,085 ✓	Yes ✓	7/7 ✓
Central New York	✓	✓	0.34 ✓	37% ✓	37% ✓	2,333 / 775 ✓	Yes ✓	7/7 ✓
Finger Lakes	✓	✓	0.64 ✓	37% ✓	51% ✓	3,405 / 1,203 ✓	Yes ✓	7/7 ✓
Long Island	✓	✓	0.97 ✓	31% ✓	42% ✓	8,929 / 2,839 ✓	Yes ✓	7/7 ✓
Mid-Hudson	✓	✓	0.73 ✓	34% ✓	56% ✓	7,053 / 2,322 ✓	Yes ✓	7/7 ✓
Mohawk Valley	✓	✓	0.96 ✓	45% ✓	58% ✓	1,785 / 485 ✓	Yes ✓	7/7 ✓
New York City	✓	✓	1.15 ✓	28% ✗	31% ✓	27,007 / 8,399 ✓	Expected ★	5/7 ✗
North Country	✓	✓	0.00 ✓	47% ✓	67% ✓	1,152 / 419 ✓	Yes ✓	7/7 ✓
Southern Tier	✓	✓	0.16 ✓	44% ✓	43% ✓	1,835 / 633 ✓	Yes ✓	7/7 ✓
Western New York	✓	✓	0.70 ✓	37% ✓	57% ✓	3,586 / 1,381 ✓	Yes ✓	7/7 ✓

All the regions have satisfied the Metric #1 - Decline in Total Hospitalizations and Metric #2 - Decline in Deaths.

NEW YORK STATE Department of Health

[Regional Dashboard]

Daily Hospitalization Summary by Region



[NYS Daily Hospitalization Summary by Region]

NEW YORK STATE Department of Health

Daily Hospitalization Summary by Region

MOVING NEW YORK FORWARD

Region by Region Status

For detailed information, view the regional early warning sign metric dashboard.

REGIONAL DASHBOARDS

COVID-19 Early Warning Monitoring System Dashboard

Report as of: June 2, 2020

	Testing/Tracing Targets		New Infections		Severity of Infection	Hospital Capacity	
Region	Maintain 30 per 1,000 Diagnostic Tests	Maintain Required Case and Contact Tracing Capacity	% Positive Tests per Day (7-Day Rolling Avg)	New Cases per 100K (7-Day Rolling Avg)	Gross New Hospitalizations per 100k (7-Day Rolling Avg)	Share of Total Hospital Beds % Available (7-Day Rolling Avg)	Share of ICU Beds % Available (7-Day Rolling Avg)
Capital Region	2,618 / 1,085	278	1.4%	3.27	0.32	35%	44%
Central New York	2,333 / 775	458	1.6%	4.73	0.44	39%	45%
Finger Lakes	3,405 / 1,203	468	1.4%	4.03	0.95	37%	52%
Long Island	8,929 / 2,839	1,308	2.3%	7.11	1.08		
Mid-Hudson	7,053 / 2,322	1,456	2.3%	6.98	1.14		
Mohawk Valley	1,785 / 485	139	1.4%	5.00	0.94		
New York City	27,007 / 8,399	4,648	2.6%	8.34	1.35		
North Country	1,152 / 419	12	0.2%	0.51	0.00		
Southern Tier	1,835 / 633	114	0.7%	2.17	0.32		
Western New York	3,586 / 1,381	747	2.2%	5.61	0.86		

BACK TO MAIN DASHBOARD

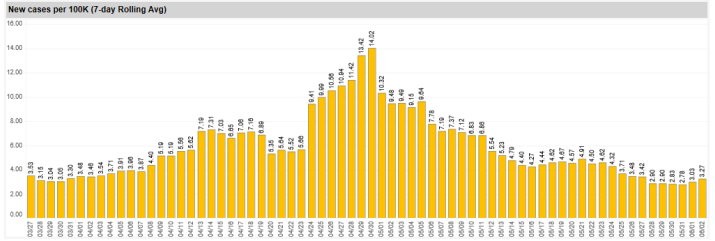
COVID-19 Early Warning Monitoring System Dashboard - Capital Region

Report as of: June 2, 2020

Testing/Tracing Targets		New Infections		Severity of Infection	Hospital Capacity	
Maintain 30 per 1,000 Diagnostic Tests	Maintain Required Case and Contact Tracing Capacity	% Positive Tests per Day (7-Day Rolling Avg)	New Cases per 100K (7-Day Rolling Avg)	Gross New Hospitalizations per 100k (7-Day Rolling Avg)	Share of Total Hospital Beds % Available (7-Day Rolling Avg)	Share of ICU Beds % Available (7-Day Rolling Avg)
2,618 / 1,085	278	1.4%	3.27	0.32	35%	44%
Show Trend		Show Trend	Show Trend	Show Trend	Show Trend	Show Trend

Select a Region: Capital Region, Central New York, Finger Lakes, Long Island, Mid-Hudson, Mohawk Valley, New York City, North Country, Southern Tier, Western New York

New cases per 100K (7-day Rolling Avg)



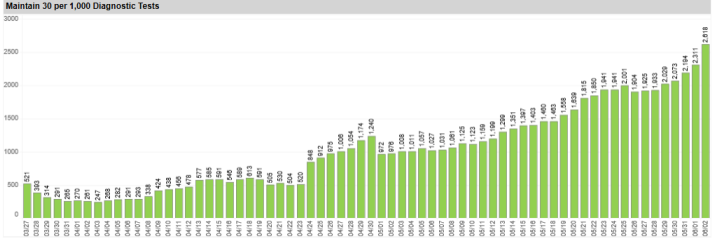
BACK TO MAIN DASHBOARD

COVID-19 Early Warning Monitoring System Dashboard - Capital

Testing/Tracing Targets		New Infections		Severity of Infection		
Maintain 30 per 1,000 Diagnostic Tests	Maintain Required Case and Contact Tracing Capacity	% Positive Tests per Day (7-Day Rolling Avg)	New Cases per 100K (7-Day Rolling Avg)	Gross New Hospitalizations per 100k (7-Day Rolling Avg)	Share of T... Beds % (7-Day R...	
2,618 / 1,085	278	1.4%	3.27	0.32	35%	44%
Show Trend		Show Trend	Show Trend	Show Trend	Show Trend	Show Trend

Select a Region: ... New York City, North Country, Southern Tier, Western New York

Maintain 30 per 1,000 Diagnostic Tests

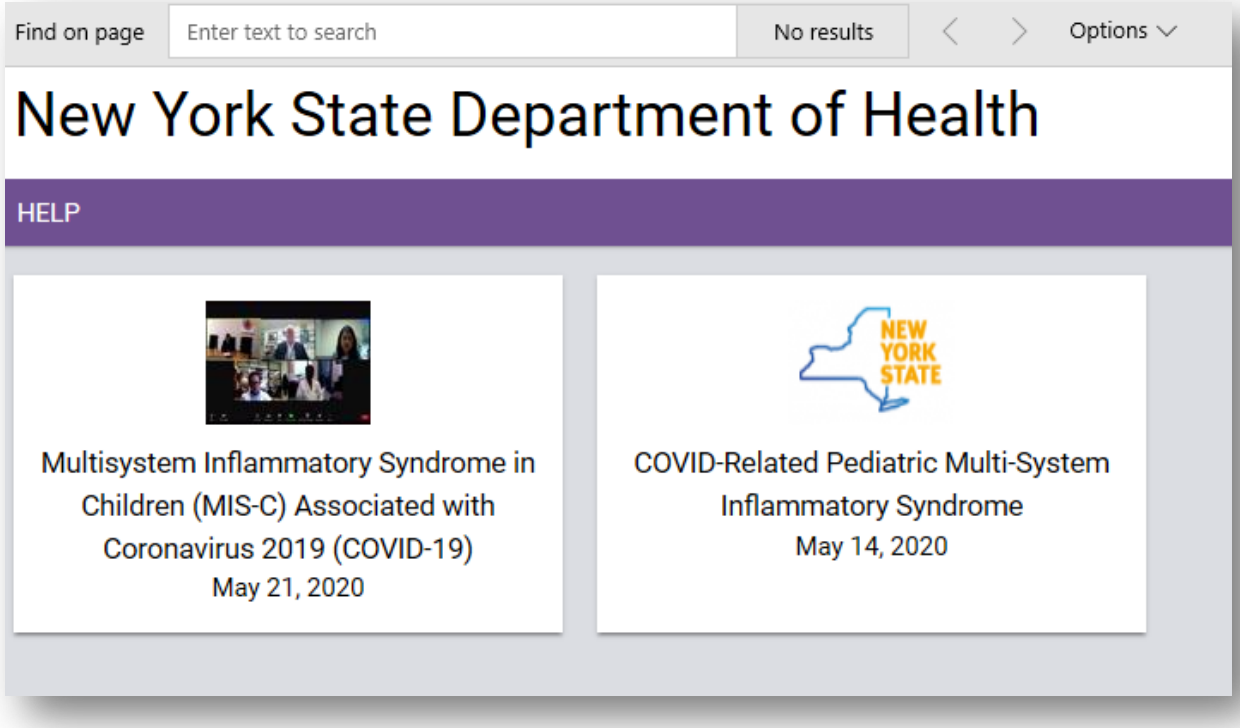


NEW YORK STATE Department of Health

[NYS Early Warning Monitoring Dashboard]

Multisystem Inflammatory Syndrome Associated with COVID-19 in Children (MIS-C)

MIS-C Associated with COVID-19



Currently 199 suspected cases reported to the NYSDOH

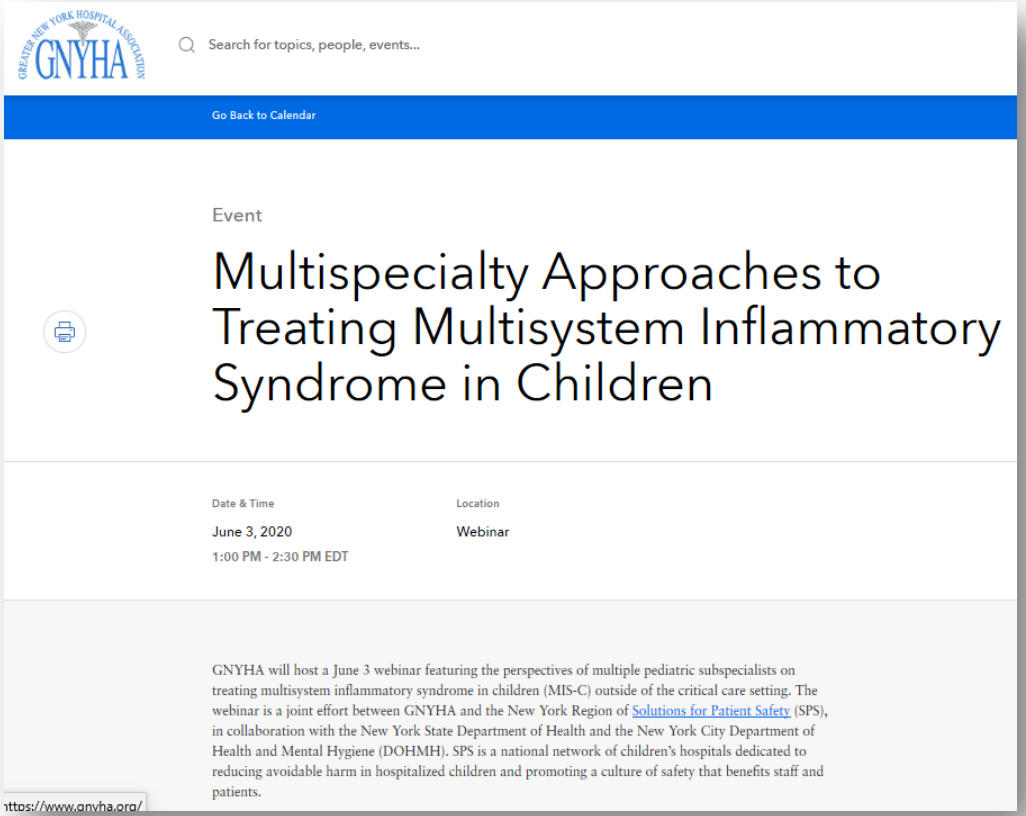
Next session:
Thursday June 11, 2020
3-4 PM

Topic: Non-severely ill

Webcast link: https://totalwebcasting.com/view/?id=nysdohcovid

NEW YORK STATE Department of Health

MIS-C Associated with COVID-19



NEW YORK STATE Department of Health

www.gnyha.org/event/multispecialty-approaches-to-treating-multisystem-inflammatory-system-in-children/

Nursing Home COVID-19 Testing and Cohorting

Emily Lutterloh, MD, MPH
Director, Bureau of Healthcare Associated Infections
NYSDOH

NEW YORK STATE OF OPPORTUNITY. Department of Health

Nursing Home and Adult Care Facility Staff Testing Requirement

How frequently should staff be tested?

- Staff must be tested twice a week.
- Exception: staff who work at a facility three days per week or less only need to be tested once a week.

What is the minimum time interval between the required twice weekly tests?

- At least two days apart.

Do staff who are on vacation need to be tested twice per week?

- No. Staff who are on vacation do not need to be tested during the time period when they are on leave or otherwise not present in the same building as residents, provided that they are promptly tested upon their return to the facility.

NEW YORK STATE | Department of Health

Nursing Home and Adult Care Facility Staff Testing Requirement

Are staff who have had a positive diagnostic test for COVID-19 or a reactive serologic test for IgG against SARS-CoV-2 in the past included in the requirement to be tested twice per week?

- Yes. At this time, staff who have had a positive diagnostic test for COVID-19 or a reactive serologic test for IgG against SARS-CoV-2 are still required to be tested to meet this requirement.
- However, this requirement may be reconsidered at a later time for previously COVID-19 positive individuals as more is learned about immunity following COVID-19.

Is antibody testing acceptable to fulfill the requirements of the twice weekly testing?

- No, the testing must be diagnostic to detect the SARS-CoV-2 virus (e.g. molecular such as a PCR test, or an antigen test). However, this policy may be reconsidered for previously COVID-19 positive individuals as more is learned about immunity following COVID-19.

NEW YORK STATE | Department of Health

Nursing Home and Adult Care Facility Staff Testing Requirement

Can staff work while waiting for test results?

- Yes, if the staff member is asymptomatic and being tested solely for the purpose of meeting these requirements, they may continue work while waiting for test results.

If a staff member has a positive test, should the individual be re-tested at the end of the furlough before returning to work?

- Staff must test negative before returning to work. This policy may be reconsidered for previously COVID-19 positive individuals as more is learned about immunity following COVID-19.

Can a staff member be compelled to undergo testing?

- No, however, a staff member that refuses testing is considered to have an outdated or incomplete health assessment and shall be prohibited from working for the nursing home or adult care facility until they complete testing.

NEW YORK STATE | Department of Health

Nursing Home and Adult Care Facility Staff Testing Requirement

Are there SARS-CoV-2 diagnostic tests that can be used at the point of care? Can a nursing home perform these tests?

- At this time, there are three molecular tests and one antigen test that have been approved by the FDA as a waived test and can be used at the point of care. A list of approved tests can be found at https://www.fda.gov/medical-devices/emergency-situations-medical-devices/emergency-useauthorizations.

Do tests of nursing home staff outside of the facility meet the testing requirement? For example, a nursing home employee who receives a test from one of the State's drive-thru operations, does that meet the testing requirement?

- Yes. Diagnostic tests of nursing home staff that are performed outside of the facility meet the testing requirement, so long as the employee has the appropriate documentation to provide to the nursing home administrator, such that the administrator can certify compliance.

NEW YORK STATE | Department of Health

Nursing Home Cohorting

If a facility has only one or a few residents with COVID-19, or if a small facility only has one or a few units, does an entire unit need to be cleared and devoted exclusively to the care of residents with COVID-19?

- They may be cohorted on part of a unit, such as at the end of a hallway.
- The area for residents with COVID-19 should be demarcated as a reminder for healthcare personnel.
- Other residents should be prevented from entering the area.
- The residents with COVID-19 should not share a bathroom with residents outside the cohort.

If a facility has only one or a few residents with COVID-19, do separate staff need to be devoted exclusively to those residents?

- The goal of separate staffing teams is to minimize the number of staff who care for both residents with COVID-19 and residents without COVID-19.
- It might not be possible to have completely separate staffing teams, such as in very small facilities, during nights or weekends, or in situations when there are only one or a few residents with COVID-19 in the facility.
- In this situation, staffing assignments should be made to maintain separate teams to the greatest extent possible and facilities should make every effort possible to reduce the number of staff caring for residents in different cohorts.
- For staff caring for residents in different cohorts, they should bundle care and plan the order of care to minimize the need to go back and forth between cohorts, especially from positive cohort to others.
- Personal protective equipment (PPE) should always be changed before leaving the positive cohort.

NEW YORK STATE | Department of Health

Nursing Home Cohorting

How should negative roommates of residents who test positive for COVID-19 be cohorted?

- Roommates of a resident who tests positive for COVID-19, who themselves have a negative test, are at high risk of being infected and a having positive test within the next 14 days. They should be immediately separated from the resident who tests positive and placed in a private room.

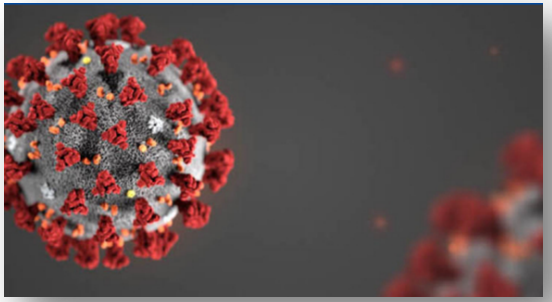
NEW YORK STATE | Department of Health

COVID-19 Healthcare System Capacity

Marcus Friedrich, MD, MHCM, MBA, FACP
Chief Medical Officer, Office of Quality and Patient Safety
NYSDOH

NEW YORK STATE OF OPPORTUNITY. Department of Health

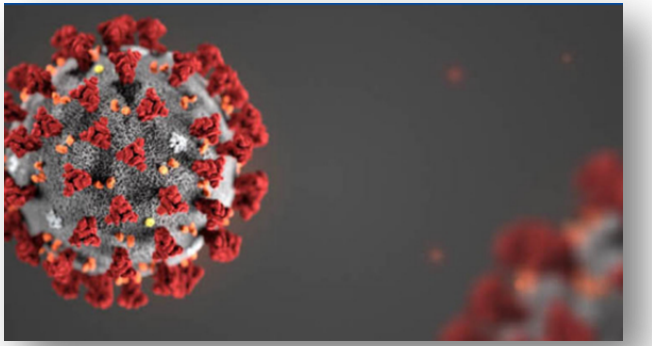
COVID-19 Healthcare Capacity and Response



- Healthcare System Capacity
- Elective Surgeries
- Dentistry Guidance
- Encouraging Access to Healthcare

NEW YORK STATE | Department of Health

NEW YORK STATE | Department of Health



Quick Tips for Clinician Wellbeing in The Era of COVID-19

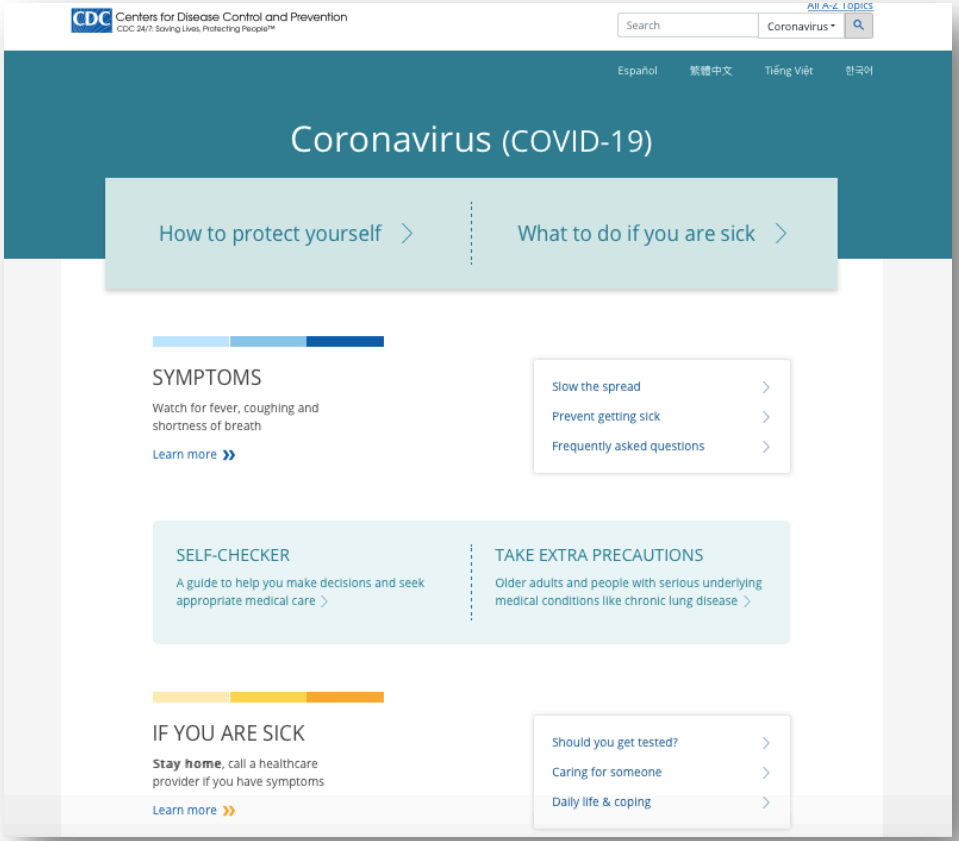
June 4, 2020

Louis S. Snitkoff, MD, FACP
Immediate Past-President
American College of Physicians, NY Chapter

COVID-19 Resources

NEW YORK STATE | Department of Health

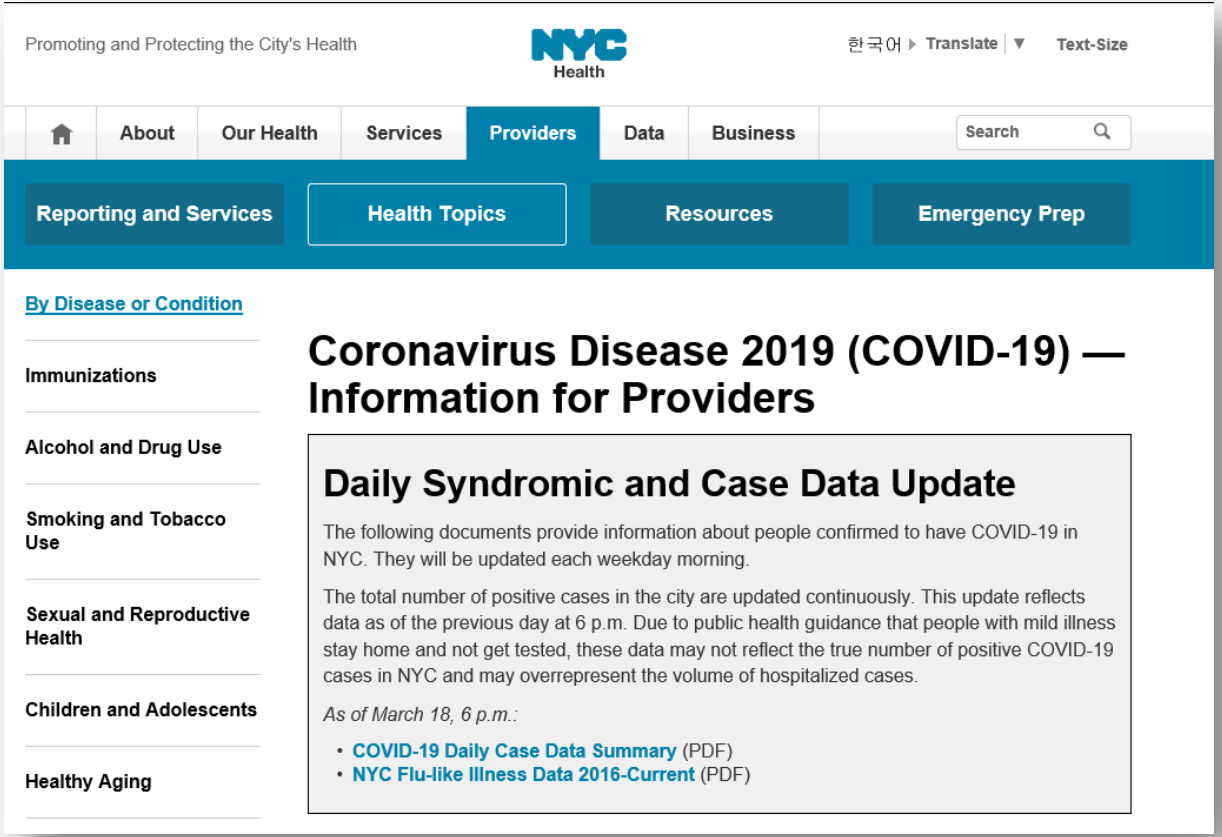
CDC COVID Website



www.cdc.gov/coronavirus/2019-ncov/index.html

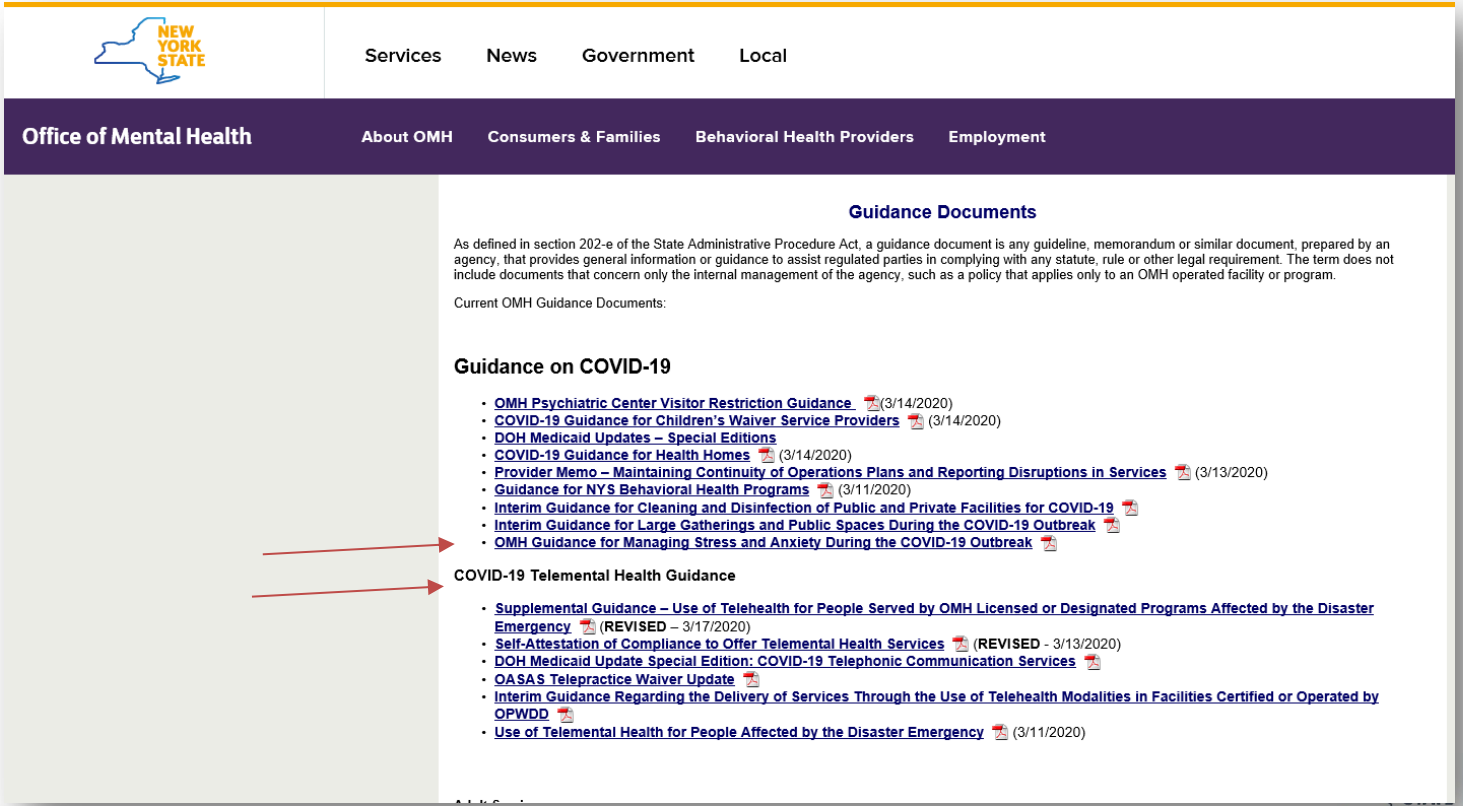
NEW YORK STATE Department of Health | Education Department

NYC DOHMH COVD-19 Webpage



NEW YORK STATE Department of Health | Education Department

Mental Health Resources



NEW YORK STATE

Services News Government Local

Office of Mental Health

About OMH Consumers & Families Behavioral Health Providers Employment

Guidance Documents

As defined in section 202-e of the State Administrative Procedure Act, a guidance document is any guideline, memorandum or similar document, prepared by an agency, that provides general information or guidance to assist regulated parties in complying with any statute, rule or other legal requirement. The term does not include documents that concern only the internal management of the agency, such as a policy that applies only to an OMH operated facility or program.

Current OMH Guidance Documents:

Guidance on COVID-19

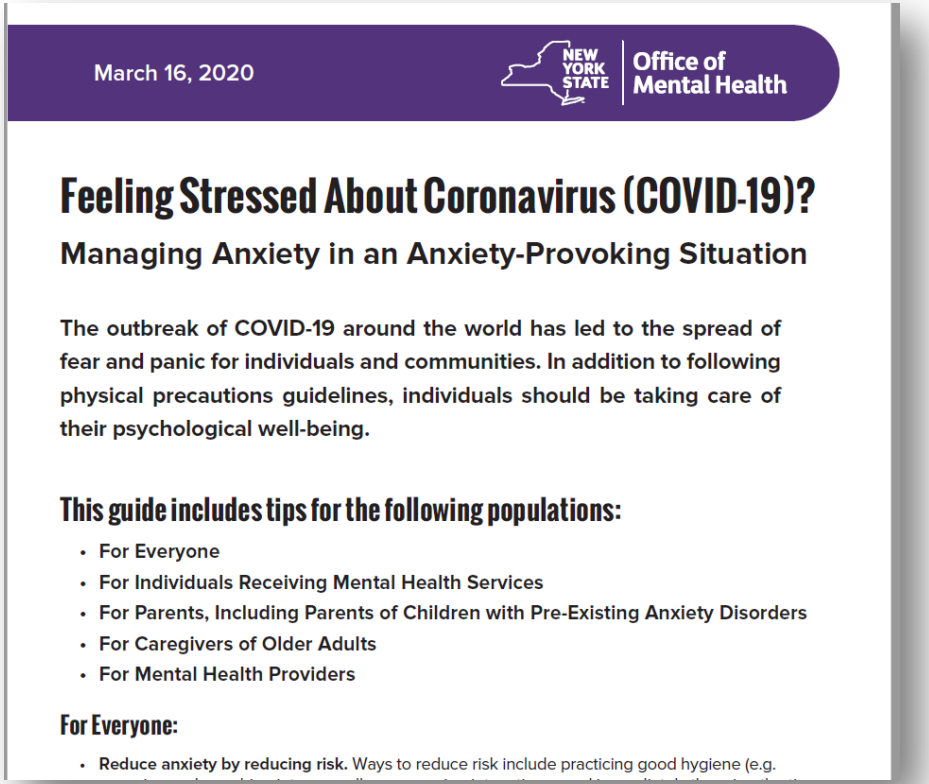
- OMH Psychiatric Center Visitor Restriction Guidance (3/14/2020)
- COVID-19 Guidance for Children's Waiver Service Providers (3/14/2020)
- DOH Medicaid Updates – Special Editions
- COVID-19 Guidance for Health Homes (3/14/2020)
- Provider Memo – Maintaining Continuity of Operations Plans and Reporting Disruptions in Services (3/13/2020)
- Guidance for NYS Behavioral Health Programs (3/11/2020)
- Interim Guidance for Cleaning and Disinfection of Public and Private Facilities for COVID-19
- Interim Guidance for Large Gatherings and Public Spaces During the COVID-19 Outbreak
- OMH Guidance for Managing Stress and Anxiety During the COVID-19 Outbreak

COVID-19 Telemental Health Guidance

- Supplemental Guidance – Use of Telehealth for People Served by OMH Licensed or Designated Programs Affected by the Disaster Emergency (**REVISED** – 3/17/2020)
- Self-Attestation of Compliance to Offer Telemental Health Services (**REVISED** - 3/13/2020)
- DOH Medicaid Update Special Edition: COVID-19 Telephonic Communication Services
- OASAS Telepractice Waiver Update
- Interim Guidance Regarding the Delivery of Services Through the Use of Telehealth Modalities in Facilities Certified or Operated by OPWDD
- Use of Telemental Health for People Affected by the Disaster Emergency (3/11/2020)

Department of Health | Education Department

- For everyone
- For individuals receiving mental health services
- For parents
- For caregivers of older adults
- For mental health providers



March 16, 2020

NEW YORK STATE | Office of Mental Health

Feeling Stressed About Coronavirus (COVID-19)?

Managing Anxiety in an Anxiety-Provoking Situation

The outbreak of COVID-19 around the world has led to the spread of fear and panic for individuals and communities. In addition to following physical precautions guidelines, individuals should be taking care of their psychological well-being.

This guide includes tips for the following populations:

- For Everyone
- For Individuals Receiving Mental Health Services
- For Parents, Including Parents of Children with Pre-Existing Anxiety Disorders
- For Caregivers of Older Adults
- For Mental Health Providers

For Everyone:

- **Reduce anxiety by reducing risk.** Ways to reduce risk include practicing good hygiene (e.g.

NEW YORK STATE | Department of Health | Education Department

NYS Medicaid Telehealth Updates and Guidance

NYSDOH COVID-19 Guidance for Medicaid Providers website

- **Webinar:** New York State Medicaid Guidance Regarding Telehealth, Including Telephonic, Services During the COVID-19 Emergency - **5.5.2020**
  - Slides (PDF)
  - Recording *Coming Soon*

- **Frequently Asked Questions (FAQs)** on Medicaid Telehealth Guidance during the Coronavirus Disease 2019 (COVID-19) State of Emergency - (Web) - (PDF) - ***Updated 5.1.2020***

NEW YORK STATE | Department of Health

Telehealth Guidance

- **American College of Physicians Telehealth Resource:**

www.acponline.org/practice-resources/business-resources/health-information-technology/telehealth

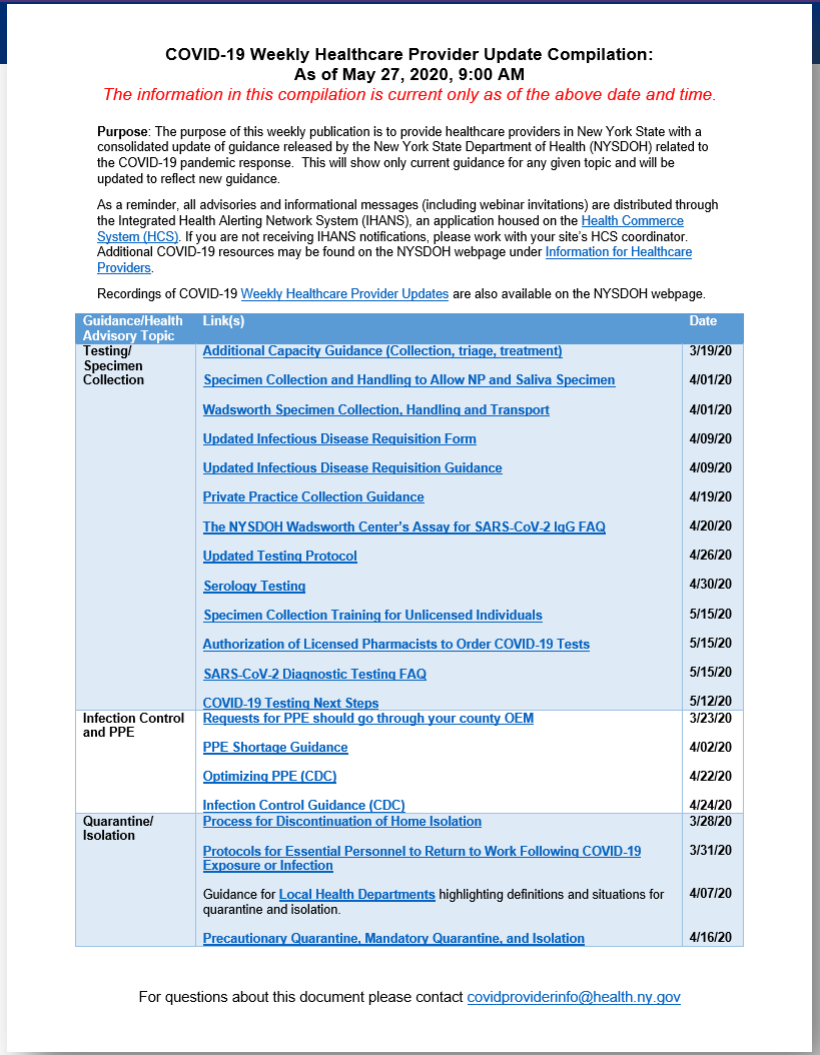
- **CDC Outpatient and Ambulatory Care Setting Guidance:**

www.cdc.gov/coronavirus/2019-ncov/hcp/ambulatory-care-settings.html

- **Medicaid:**

www.health.ny.gov/health_care/medicaid/program/update/2020/

NEW YORK STATE | Department of Health



COVID-19 Weekly Healthcare Provider Update Compilation:
As of May 27, 2020, 9:00 AM

The information in this compilation is current only as of the above date and time.

Purpose: The purpose of this weekly publication is to provide healthcare providers in New York State with a consolidated update of guidance released by the New York State Department of Health (NYSDOH) related to the COVID-19 pandemic response. This will show only current guidance for any given topic and will be updated to reflect new guidance.

As a reminder, all advisories and informational messages (including webinar invitations) are distributed through the Integrated Health Alerting Network System (IHANS), an application housed on the Health Commerce System (HCS). If you are not receiving IHANS notifications, please work with your site's HCS coordinator. Additional COVID-19 resources may be found on the NYSDOH webpage under Information for Healthcare Providers.

Recordings of COVID-19 Weekly Healthcare Provider Updates are also available on the NYSDOH webpage.

Guidance/Health Advisory Topic	Link(s)	Date
Testing/ Specimen Collection	Additional Capacity Guidance (Collection, triage, treatment)	3/19/20
	Specimen Collection and Handling to Allow NP and Saliva Specimen	4/01/20
	Wadsworth Specimen Collection, Handling and Transport	4/01/20
	Updated Infectious Disease Requisition Form	4/09/20
	Updated Infectious Disease Requisition Guidance	4/09/20
	Private Practice Collection Guidance	4/19/20
	The NYSDOH Wadsworth Center's Assay for SARS-CoV-2 IgG FAQ	4/20/20
	Updated Testing Protocol	4/26/20
	Serology Testing	4/30/20
	Specimen Collection Training for Unlicensed Individuals	5/15/20
	Authorization of Licensed Pharmacists to Order COVID-19 Tests	5/15/20
	SARS-CoV-2 Diagnostic Testing FAQ	5/15/20
	COVID-19 Testing Next Steps	5/12/20
Infection Control and PPE	Requests for PPE should go through your county OEM	3/23/20
	PPE Shortage Guidance	4/02/20
	Optimizing PPE (CDC)	4/22/20
	Infection Control Guidance (CDC)	4/24/20
Quarantine/ Isolation	Process for Discontinuation of Home Isolation	3/28/20
	Protocols for Essential Personnel to Return to Work Following COVID-19 Exposure or Infection	3/31/20
	Guidance for Local Health Departments highlighting definitions and situations for quarantine and isolation.	4/07/20
	Precautionary Quarantine, Mandatory Quarantine, and Isolation	4/16/20

For questions about this document please contact covidproviderinfo@health.ny.gov

HCP Compilation (*Week of May 27th*)

For questions, contact covidproviderinfo@health.ny.gov

NYSDOH COVID-19 Weekly HCP Update Compilation

NEW YORK STATE | Department of Health

Healthcare Provider/Physician Wellness

- The state is partnering with the Kate Spade New York Foundation and Crisis Text Line to provide a 24/7 emotional support service for frontline healthcare workers
- Text NYFRONTLINE to 741-741 to access these emotional support services
- New York State-regulated health insurers will be required to waive cost-sharing, including deductibles, copayments and coinsurance, for in-network mental health services for frontline essential workers during COVID-19

NEW YORK STATE | Department of Health

Healthcare Provider Well-being Resources

MSSNY	**AAFP**
ACP	AAP
NAM	AHRQ well-being AHRQ burnout
AMA	NIH
IHI	Stanford

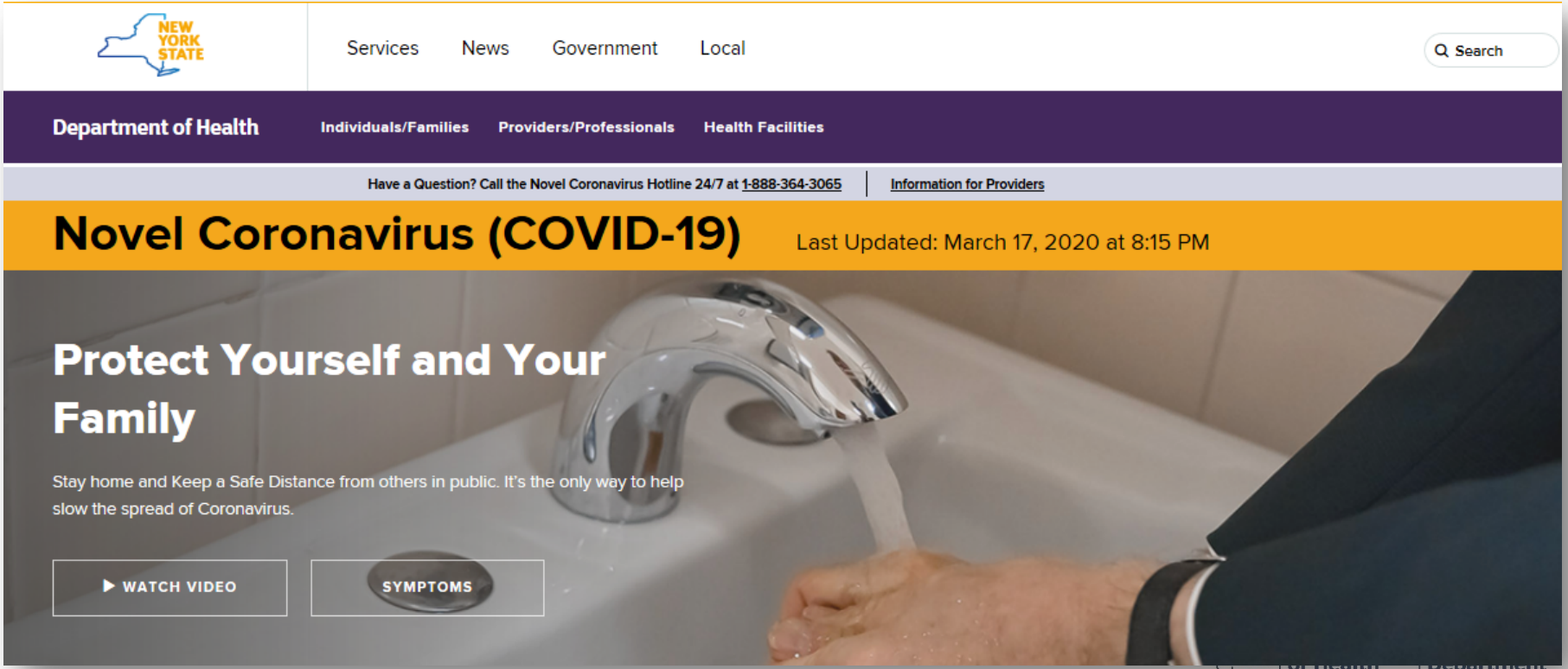
NEW YORK STATE | Department of Health

Mental Health Resources

- **NYS Mental Health Helpline**
  1-844-863-9314

- The helpline is staffed by specially trained volunteers, including mental health professionals, who have received training in crisis counseling related to mental health consequences of infectious disease outbreaks, typical stress reactions, anxiety management, coping skills, and telephonic counseling

NYSDOH COVID-19 Website



PROTECTING THE PUBLIC HEALTH OF ALL NEW YORKERS

Mandatory and Precautionary Quarantine	Mass Gatherings	Healthcare Providers	Nursing Homes
Schools	Childcare Providers	Employees & Employers	Insurance
Voting	International Travel	Cyber Security	Price Gouging

NEW YORK STATE | Department of Health

Symptoms

The 2019 novel coronavirus may cause mild to severe respiratory symptoms.

WHAT TO LOOK FOR

COVID-19 Testing

Learn more about testing protocol now that the FDA has approved New York to begin its own testing.

OVERVIEW

MOBILE TESTING

PROTOCOL FOR TESTING

LEARN MORE

Know Your Rights

The health and safety of New Yorkers is the top priority, co-pays for telehealth visits have been waived.

TESTING

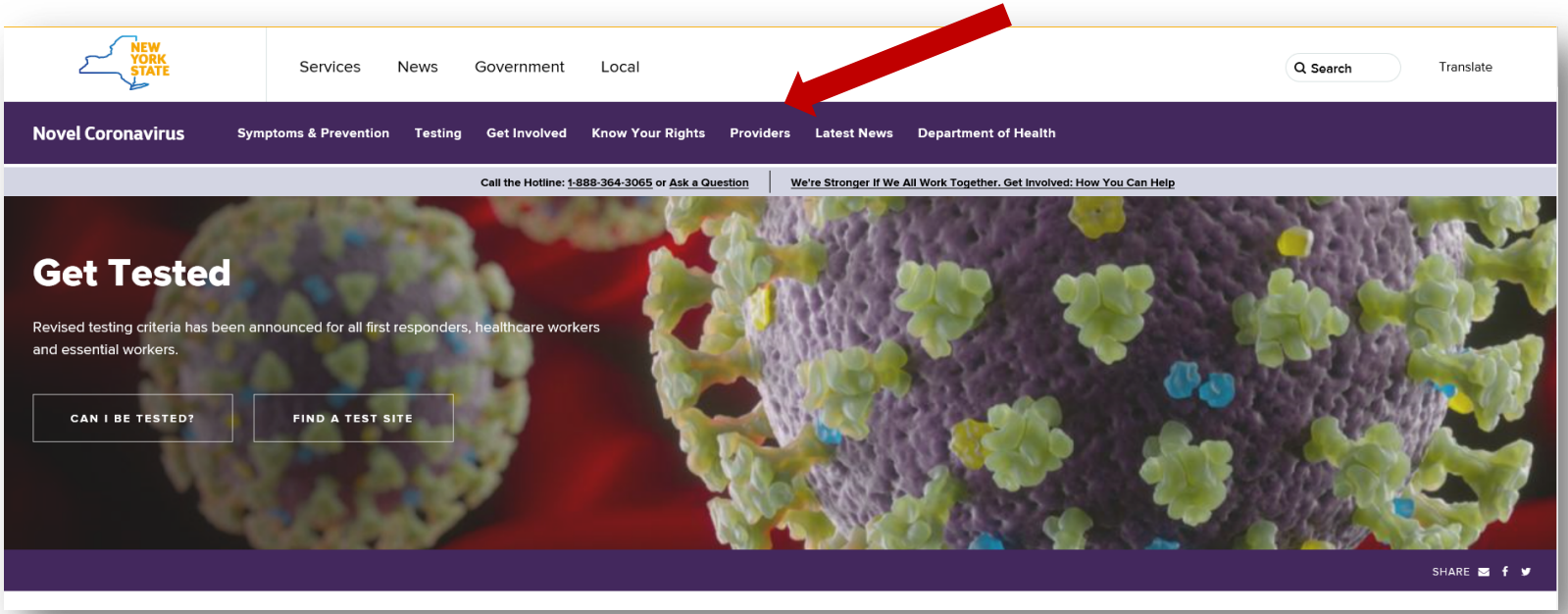
INSURANCE

UNEMPLOYMENT

LEARN MORE

NEW YORK STATE OF OPPORTUNITY. Department of Health

NYSDOH COVID-19 Website



NEW YORK STATE Department of Health

FILTER

- Health Advisories
- Webinars
- Printable Materials
- Guidance

ATTENTION ALL PATIENTS

STOP

If you have

- Call this number _____.
- Tell them your symptoms.
- Ask where you should go and what you should do.
- Put on a mask before going inside.

NEW YORK STATE | Department of Health

ATTENTION ALL VISITORS

STOP

NO VISITORS ARE ALLOWED AT THIS TIME

If you feel there is an urgent need for visitation, please contact _____.

DO NOT VISIT

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Face Masks and Coverings for COVID-19

- You must wear a face mask or face covering in public when social distancing (staying at least 6 feet apart) is not possible, unless a face covering is not medically tolerated. This includes on public transport, in stores and on crowded sidewalks.
- Children over 2 years of age should wear a face mask in public, too. Children under 2 years of age should NOT wear face coverings for safety reasons.
- Cloth face coverings should be made from fabric you can't see through when held up to the light. They must be cleaned before reusing.
- Disposable paper face masks should be used for one outing outside the home. They cannot be properly cleaned.
- The best way to prevent COVID-19 is to continue social distancing (staying at least 6 feet away from others), **even when wearing a face covering.**

Putting On Face Covering

- **DO** clean your hands with soap and water or if that's not available, alcohol-based hand sanitizer, before putting on your face covering.
  - Make sure the face covering covers both your nose and mouth.
- **DON'T** wear your mask hanging under your nose or mouth or around your neck. You won't get the protection you need.
- **DON'T** wear the face covering on top of your head, or take it off and on repeatedly. Once it is in place, leave the covering in place until you are no longer in public.

Taking Off Face Covering

- **DO** clean your hands with soap and water or if that's not available, alcohol-based hand sanitizer, before taking off your face covering.
  - Remove your mask only touching the straps.
  - Discard the face covering if it is disposable. If you are reusing (cloth), place it in a paper bag or plastic bag for later.
- Wash your hands again.
- When cleaning a cloth face covering, **DO** put in the washer (preferably on the hot water setting).
  - Dry in dryer at high heat. When it is clean and dry, place in a clean paper or plastic bag for later use. If you live in a household with many people, you might want to label the bags with names so the face coverings are not mixed up.

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[NYSDOH Face Masks and Coverings for COVID-19]

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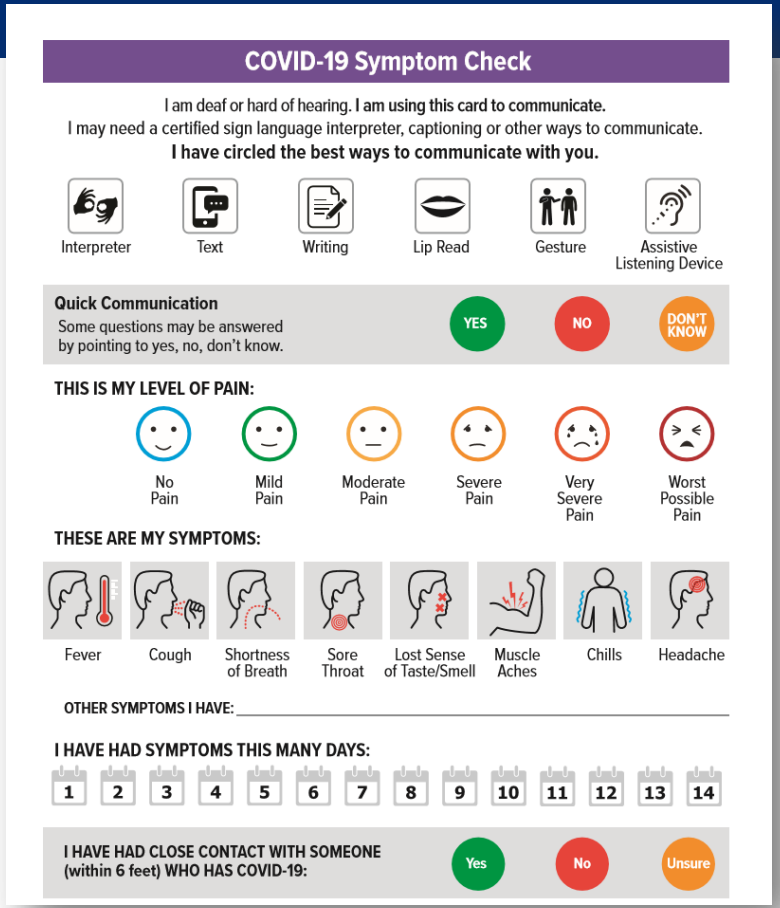

COVID-19 Symptom Check

I am deaf or hard of hearing. **I am using this card to communicate.**
I may need a certified sign language interpreter, captioning or other ways to communicate.
I have circled the best ways to communicate with you.

Interpreter | Text | Writing | Lip Read | Gesture | Assistive Listening Device

Quick Communication
Some questions may be answered by pointing to yes, no, don't know.

YES | NO | DON'T KNOW

THIS IS MY LEVEL OF PAIN:

No Pain | Mild Pain | Moderate Pain | Severe Pain | Very Severe Pain | Worst Possible Pain

THESE ARE MY SYMPTOMS:

Fever | Cough | Shortness of Breath | Sore Throat | Lost Sense of Taste/Smell | Muscle Aches | Chills | Headache

OTHER SYMPTOMS I HAVE: _____

I HAVE HAD SYMPTOMS THIS MANY DAYS:

1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14

I HAVE HAD CLOSE CONTACT WITH SOMEONE (within 6 feet) WHO HAS COVID-19:

Yes | No | Unsure

https://coronavirus.health.ny.gov/system/files/documents/2020/05/13104_015773_covid19_hearingimpairedcard_version5.pdf

NEW YORK STATE Department of Health

Questions or Concerns

- Call the local health department www.health.ny.gov/contact/contact_information/
- In New York City: Notify the NYC DOHMH provider access line (PAL)
  - 1-866-NYC-DOH1 or 1-866-692-3641 (works 24 hours/day x 7 days/week)
- Providers who are unable to reach the LHD can contact the NYSDOH Bureau of Communicable Disease Control at **518-473-4439** during business hours or the NYSDOH Public Health Duty Officer at **1-866-881-2809** evenings, weekends, and holidays

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- **New Yorkers without health insurance can apply through NY State of Health through <u>June 15th, 2020</u>**

- **Must apply within 60 days of losing coverage**

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QUESTIONS ?

TO NYS' HEALTHCARE PROVIDERS

THANK YOU!

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